

# A legacy of hope for hope for children

A guide to leaving a gift in your Will



After taking care of friends and family, many people choose to leave a gift in their Will to charity. By leaving a gift in your Will to Blue Smile, you can provide life-changing support to future generations.

# Happier children, brighter futures

20% of children in England have a probable mental health disorder, equivalent to 6 children in every school class (NHS, 2023).

90% of children experience improved wellbeing after Blue Smile therapy. 61% are more engaged in school life. When children are dealing with difficult feelings like grief, anger, worry or shame, they are not free to play, grow and learn.

Prompt, effective support is vital to help and stop problems worsening. Otherwise, the impact on children's wellbeing, education, relationships and development can be devastating.

Working with a trusted Blue Smile therapist helps children come to terms with difficult feelings and experiences, improving their wellbeing, friendships and ability to engage at school.

## Supporting children's mental health

Blue Smile has been providing specialist mental health support in Cambridgeshire schools since 2010. Many of the children we work with are facing issues like bereavement, family breakdown or illness.

A gift in your Will can have a lasting impact on these children's lives, funding specialist, arts-based support. Working with a Blue Smile therapist helps children overcome their difficulties, while advice for parents and teachers helps them better understand and support children's emotional wellbeing.

"I have brightness in me again and I feel happiness. I feel that I can take on any learning challenge. I never used to feel that." *Child supported by Blue Smile*  "Leaving a gift in my will to Blue Smile is my contribution towards safeguarding the continuation of the charity's important work for future generations."



"I've seen first-hand what a difference the expert, long term help Blue Smile provides can make to children struggling to overcome mental health and emotional wellbeing issues, enabling them to thrive, learn and live happier lives"

Tim Bryson, Blue Smile founder

Mental health challenges can happen to any child but those living in poverty are at greater risk. We focus on working with schools serving the most disadvantaged communities, delivering accessible help that is free to families, so we reach those who need us most.

Your support can help children overcome adversity, giving them the best possible start in life and the chance to build a brighter future.

## How to include a gift in your Will

Simply give your solicitor or Will writer the following details, together with either the percentage of your estate, gift amount or specific item you would like to give:

Charity name: Blue Smile Project Charity address: 47-51 Norfolk Street, Cambridge, CB1 2LD Charity Registration Number: 1139279

If you do leave us a gift in your Will, we'd love to hear from you!

As well as saying thank you, we can then keep you updated on key developments and future plans. Any information you share with us about your Will is confidential and is not legally binding.



An extremely generous gift from the estate of Dr Hassan Shakir-Khalil is funding specialist support for children struggling with mental health challenges in primary schools across Cambridgeshire.

The gift was in memory of Dr Shakir-Khalil's wife Anna, who

died in 2009, as part of their shared commitment to making a difference for children in Cambridgeshire. Their son, Karim Khalil KC, explains:

"My father came from Egypt to Cambridge in the late 1950's to complete a PhD in Engineering. Whilst in Cambridge, he met my mother, Anna (née Barker), who was brought up in Thriplow. My parents lived in Manchester for many years but returned to Cambridge when my father retired, partly because Cambridge held so many happy memories for them both."

Dr and Mrs Shakir-Khalil's gift is funding 1:1 arts-based therapy for children through our Outreach service, helping them come to terms with difficult experiences and feelings, lead happier childhoods and build brighter futures.

Telephone: 01223 314725 | Email: info@bluesmile.org.uk Blue Smile, 47-51 Norfolk Street, Cambridge, CB1 2LD

## Find out more at www.bluesmile.org.uk



Registered charity: 1139279 Registered company: 7411348